

Activity: High 5 Netball

Year Groups: Y3/4

Lesson Objective	Learning outcomes – Where am I in my learning?
Session 1 Can I accurately pass the ball in 3 different ways?	Gold I can accurately pass the ball in 3 different ways. Silver I can pass the ball in 3 different ways with some accuracy. Bronze I can pass the ball in 3 different ways.
Session 2 Can I understand and use the footwork rule?	Gold I can consistently use the footwork rule. Silver I can use the footwork rule most of the time. Bronze I am beginning to use the footwork rule.
Session 3 Can I move into a space to receive a ball by dodging and / or accelerating? (Attacking skills) Can I evaluate my performance and those of others?	Gold I can consistently use different techniques to move into a space to receive a ball, evaluate my performance and those of others. Silver I can move into a space most of the time to receive a ball and evaluate my performance Bronze I am beginning to move into a space to receive a ball and to evaluate my performance.
Session 4 Can I perform a netball shot using good technique:- i.e. balance, high release, wrist action?	Gold I can consistently use a good technique to perform a netball shot. Silver I can perform a netball shot showing some good technique Bronze I am beginning to successfully perform a netball shot
Session 5 Can I play a game of High 5 Netball and have an understanding of the roles of different positions?	Gold I can play a game of High 5 and demonstrate understanding of the role of all of the positions Silver I can play a game of High 5 demonstrating understanding of the role of most of the positions Bronze I can participate in a game of High 5 showing some understanding of the roles of each position
Session 6 Can I objectively evaluate my previous performance to achieve the next level?	Gold I have achieved the gold level - I can consistently and accurately apply footwork, shooting, passing and receiving, finding a space and positions skills to play a game of High 5 Netball. Silver I have achieved the silver level and know what I need to do to achieve Gold level - I can effectively demonstrate and apply footwork, shooting, passing and receiving, finding a space and positions skills to play a game of High 5 Netball. Bronze I have achieved the bronze level and know what I need to do to achieve Silver level - I can demonstrate some footwork, shooting, passing and receiving, finding a space and positions skills, in a game of High 5 Netball.