

Activity: Tag Rugby

Year Groups: Y5/6

Lesson Objective	Learning outcomes – Where am I in my learning?
Session 1 Can I throw a rugby ball whilst travelling with accuracy?	Gold- I can pass with accuracy at chest height whilst running with the ball Silver- I can pass at chest height for the receiver whilst walking. Bronze- I can throw a rugby ball with a sideways arm swing action
Session 2 Can I pass the ball backwards in a line of players?	Gold- I can complete a fake pass (dummy pass) before releasing the ball accurately to a teammate. Silver- I can accurately pass the ball backwards whilst travelling, passing left and right sided. Bronze- I can accurately pass the ball to a player whilst the team is moving forward.
Session 3 Can I select the best ways to attack and defend the opposing team?	Gold- I can make outstanding effort to help other team members. Silver- I can make sure every team member has a chance to contribute. Bronze- I can change position in response to the other team.
Session 4 Can I select the best ways to attack?	Gold- I can use a side-step or dodge to avoid defending players. Silver- I can put pressure on defenders by tracking and looking for space to travel into at speed. Bronze- I can run forward with the ball.
Session 5 Can I select the best ways to attack and defend?	Gold- I can involve teammates, running into space by change of direction, side step and looking for intercepting opportunities (reading the game) Silver- I can run with the ball at speed, dodging tackles and passing with accuracy. Bronze- I can look for passes and run forward with the ball. I can backward pass when tagged.
Session 6 Can I select the best ways to attack and defend?	Gold- I can involve teammates, running into space by change of direction, side step and looking for intercepting opportunities (reading the game) Silver- I can run with the ball at speed, dodging tackles and passing with accuracy. Bronze- I can look for passes and running forward with the ball. I can backward pass when tagged.