

BELIEVE, ACHIEVE, ASPIRE

ST BURYAN ACADEMY NEWSLETTER

Friday 14th June 2024

www.stburyanacademy.com

secretary@stburyanacademy.org

Tel: 01736 810480



Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

15/4/24 - Start of Summer Term

27/5/24 - 31/5/24 - May Half Term

19/7/24 - Last day of Summer Term

Please check the key dates below for upcoming events. New dates may be added across the term so please check our lines of communication when notified.

In this edition...

- Welcome
- This week in photos
- Menu Summer 2
- Upcoming dates
- Online Safety: Clickbait
- Jubilee Pool offer
- Save the Centre - Sennen
- Parental Workshops

INSET DAYS 24/25

Please note next year's INSET days:

Sept 3rd and 4th 2024

June 6th 2025

July 21st, 22nd, 23rd

Welcome to our fortnightly newsletter!

We are entering 'residential season' here at St Buryan; it is always a popular time of year where so many happy memories are made. Many former pupils highlight our camps as their favourite time of St Buryan School - even this week I have had parents who used to attend our school as children tell me what great times they had on our residential stays.

The obvious highlight for many is our Isles of Scilly residential - which takes place next week! On this trip children stay for 5 days on IOS and get a taste of what island life is all about. We learn about the fascinating geography and history of the isles, whilst also learning a lot about ourselves and those around us too. It is a great way to grow resilience, courage and bravery as well as developing teamwork, understanding of others and how to deal with challenges.

The Isles of Scilly trip has a lot of history at St Buryan School and is one that we are really passionate about and proud to continue.

The following week our Year 3s and 4s have a 2-night school sleepover whilst taking part in some wonderful day-trips and our Year 1s have a single night stay at school whilst carrying out their day trip and some adventures in school.

We think it is important that children get great experiences of residential as they progress through the school; it really helps develop their character and prepares them well for future residential opportunities.

I just want to take a moment to thank our amazing staff, who voluntarily give up their time to run these residential trips - without them these opportunities are not possible! Thanks as well to those who 'hold down the fort' whilst others are away.

Please note that there will be no teacher-led clubs over the next two weeks due to camps (from Monday 17th - Fri 28th).

If you are contacting the school by email next week, please send it to secretary@stburyanacademy.org as well as the relevant class teacher (all contacts are available on the school website).

For safeguarding, please contact Mrs K - our deputy designated safeguarding officer - on joannak@stburyanacademy.org

I will have access to emails but my response time may be more delayed.

Thank you

Mr McDonald

HELL Summer 2

Jacket potatoes now available daily
Fresh fruit and yoghurt available daily



MENU 2024

June - July 2024



Menu

Menu 1 W/C 3rd June 24th June 15 July

Monday	Tuesday	Wednesday	Thursday	Friday
Mac 'n' Cheese with peas and salad	Bacon and cheese or just cheese pinwheels with wedges and beans	Chicken or vegetable enchiladas with rice and salad	Roast gammon/vegetarian roast, roast potatoes, peas, carrots, cauliflower cheese and gravy	Fish fingers, chips, beans and peas or jacket potato
Fresh fruit	Biscuits	Jelly	Scones and Jam	Ice cream

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or vegetable pizza with wedges, salad and coleslaw	Chicken or Quorn curry with rice	Sausage pasta bake or vegetable pasta bake	Roast chicken/Quorn, roast potatoes, carrots, peas, broccoli and gravy	Fish fingers, chips, beans and peas or jacket potato
Tiffin	Jam sponge	Ice cream	Iced buns	Flapjack

Menu 2 W/C 10th June 1st July

Menu 3 W/C 17th June 8th July

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti bolognese or Quorn bolognese	Bacon and cheese or vegetable quiche with new potatoes and coleslaw	Beef burger or vegetarian burger in a bun with wedges and beans	Roast pork/vegetarian option, roast potatoes, carrots, peas and calibraise with gravy	Sausage/vegetarian sausage and chips with beans and peas
Sponge and custard	Scones with jam	Chocolate chip cookies	Jelly	Tiffin

WHAT'S HAPPENING SUMMER TERM

2024



at St Buryan Academy

DON'T FORGET TO...

Bring your waterbottles and apply sun-cream in the morning! You may want to pack sun-cream children can apply themselves if needed for during the day.

FOREST SCHOOL

Penberth all half term
Nanjizal until 19th
June

TEACHER- LED CLUBS

Mondays -
Whole school
TEAM SBA Club (a
range of team-building
activities
Fridays -
Rec&KS1 Film Club
KS2 Sports Club

INSET DAYS

Friday 7th June ✓
Monday 22nd July
Tuesday 23rd July

MAY 1 AND MAY 8

KS2 FOOTBALL
TOURNAMENT AT
MOUNTS BAY
ACADEMY
3.30PM ✓

SCHOOL PHOTOS May 9th

Please wear
appropriate uniform
for individual
class photos. ✓

YEAR 6 SATS

13th - 16th
May ✓

ISLES OF SCILLY CAMP

17th-21st June

May 14th pre-camp
meeting for parents
after school.

MINACK

The whole school
will be attending
The Minack
Theatre on
Monday 24th
June - look out
for letters!

WHAT'S HAPPENING SUMMER TERM

2024



at St Buryan Academy

**YEAR 3/4
AND YEAR
1/2 CAMPS**
Y3/4 26th&27th
June
Y1/2 27th June

**END OF YEAR
PARENTAL
INTERVIEWS**

Week of 8th July

**SPORTS DAY AND
SUMMER FETE**
11th July at
Community
House:
Sports Day at
1.30pm followed
by Summer Fete

**YEAR 6
LEAVERS'
SERVICE**
Year 6 families to join
us to celebrate their
primary school lives
from 2pm in the school
hall on the 16th July.

**LAST DAY OF
TERM**

**19th July
1.15pm finish**

NEWSLETTER
Remember to check our
fortnightly newsletter to
see what we have been
up to, extra dates
added to the diary and
for advice covering a
range of topics.

**KEEP AN EYE
OUT FOR...**

Progress and
attainment updates.
Our end of year reports
will be out soon!

ATTENDANCE

Please keep up the
fantastic efforts with
school attendance. Last
term we ended up
above the national
average, so please
continue this to finish
the year - thank you!

UNIFORM

We are now wearing
summer uniform. Please
ensure that your child
continues to wear
appropriate school shoes.
As we are no longer
swimming, children should
only wear PE kits on
Tuesdays from now.
Thank you

What Parents & Educators Need to Know about CLICKBAIT

WHAT ARE THE RISKS?

Clickbait is a controversial online marketing strategy which uses sensationalist (and frequently misleading) headlines to encourage engagement with an article, image or video – often playing on users' emotions and curiosity, while much of the actual content is of questionable accuracy. Clickbait is also sometimes used to disguise scams, phishing sites and malware.

HARMFUL MISINFORMATION

Clickbait tends to play fast and loose with the truth, opting for eye-catching content over objectivity. This is particularly dangerous for younger internet users, who are generally more susceptible to that type of material. A child could be presented with fake news, misleading articles and – in some cases – outright lies without fully understanding what they're viewing and why it's harmful.

INAPPROPRIATE CONTENT

Due to the misleading nature of many examples of clickbait, what may seem to be innocuous and child friendly could actually contain age-inappropriate material such as extremist political views or violent, pornographic or sexually explicit content. This is clearly a hazard for young people, who could be upset, disturbed or influenced by exposure to such subject matter.

HIDDEN MALWARE

While most clickbait is simply trying to promote engagement to earn companies additional revenue, some of it does redirect to dubious sites with the potential to infect devices with viruses or malware. This could put a child's sensitive data – such as their name, their location and their date of birth – at risk of being accessed and exploited by malicious hackers.

PRIVACY PROBLEMS

Some clickbait leads to sites which could coax a child into volunteering their personal data – using pop-ups to ask them for their email address and phone number, for example, in exchange for accessing additional content or subscribing to various services. Normally, this harvested information is then sold to third parties, who often utilise it for targeted adverts and other sales schemes.

A DRAINING DISTRACTION

Clickbait encourages spiralling consumption of online content, which could easily result in a young person spending hours scrolling aimlessly instead of doing something productive or interacting with family and friends. This can leave them tired, asocial and lacking focus – and, in the long term, can negatively impact their social skills, education and mental wellbeing.

IMPACT ON BEHAVIOUR

Depending on the type of clickbait a child is interacting with, you might notice negative changes in their behaviour. Weight loss scams, for example, are common among clickbait and have the potential to influence eating habits and body image – while deliberately inflammatory 'rage bait' articles can leave impressionable young people feeling irritable, restless or argumentative.

Advice for Parents & Educators

START A CONVERSATION

The sheer volume of clickbait can make protecting children against it quite challenging. It's vital to talk to young people regularly about the types of content they encounter online, so that they understand the risks of engaging with clickbait. If you're still concerned, it may also be wise to keep an eye on children's online activity to ensure they're not being tempted by clickbait headlines.

SPOT THE TELLTALE SIGNS

There are certain common elements in clickbait, including headlines and images that use shock and outrage to grab people's attention – as well as numbered lists, such as "8 Facts You Won't Believe Are True". Some clickbait combines several of these tactics to snag users' interest. Learn to recognise these techniques for yourself so you can teach children to notice them as well.

PROMOTE CRITICAL THINKING

Encouraging children to question the legitimacy of sensational headlines and too-good-to-be-true promises will help them to become savvier online – and far less likely to be drawn in by clickbait content. These critical thinking skills will also serve to protect them in other areas of the digital world where misinformation is becoming increasingly common.

TAKE CONTROL

Many parents opt to place limits on how long their children can spend online each day, which obviously reduces the chance of exposure to clickbait. Alternatively, most internet-enabled devices have built-in controls that allow parents to manage what sort of online content their child can access – including filtering by age, which can screen out a percentage of inappropriate material.

Meet Our Expert

Carly Page is an experienced technology writer with more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, she is now a freelance technology journalist, editor and consultant who writes for Forbes, TechRadar and Wired, among others.



The National College

KIDS SWIM FREE

REGISTER
ONLINE
TODAY



Our Parish Council have secured funding for free swimming sessions at the Jubilee Pool from May-October this year! Please visit the Jubilee Pool's website for more information on how to register.



CAN YOU HELP? SAVE THE CENTRE



HOW TO HELP US

Pledge your support today:

- ✓ Make a donation
- ✓ Buy a reward (60+ to choose from)
- ✓ Share our campaign



<https://www.crowdfunder.co.uk/p/scrc-rebuild-project>



Together for Families Parenting

Parenting Workshops

April - August 2024



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
 - Understanding how your child is feeling
 - Tuning into what your child needs
 - Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
 - Looking back and looking forwards

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3 Mondays	18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3 Wednesdays	09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8 Tuesdays	12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8 Mondays	18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11 Thursdays	12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11 Wednesdays	18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub





Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
 - Getting to know your teenager
 - Establishing rules with teenagers
 - Connecting with your teenager
 - Communicating rules positively
 - The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays	01.05.24-26.06.24
	18:00-20:00	Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24
	09:30-11:30	Virtual MS Teams
East		
Ages 12-18	Thursdays	02.05.24-04.07.24
	09:30-11:30	Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Wadebridge Family Hub
Mid		
Ages 12-18	Thursdays	19.04.24-21.06.24
	12:30-14:30	The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24
	12:30-14:30	Newquay Family Hub
West		
Ages 12-18	Thursdays	28.05.24-23.07.24
	12:30-14:30	Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24
	12:30-14:30	Helston Family Hub





Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
 - How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
 - How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
 - Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 17.04.24-01.05.24 09:30-11:30	Virtual MS Teams
Ages pre-birth – 12months	Thursdays 04.07.24-18.07.24 18:00-20:00	Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Parenting Young People aged 12 - 18

SELECT A SERVICE

Take 3 - Virtual

This is a 10-week series delivered virtually. ... [Read more](#)
Free - 2 hours

Take 3 - Bodmin Family Hub

This is a Face-to-Face course delivered over... [Read more](#)
Free - 2 hours

Take 3 - Callington Family Hub

This is a Face-to-Face course delivered over... [Read more](#)
Free - 2 hours

Take 3 - Hayle Family Hub

This is a Face-to-Face course delivered over... [Read more](#)
Free - 2 hours



Supporting Healthy Relationships Workshops

SELECT A SERVICE

Me, You and Baby Too - Virtual - (30 Jan, 6 and 13Feb)

This is a virtual series of 3 sessions running ... [Read more](#)
2 hours

Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5...

This is a Face-to-Face series of 3 sessions ru... [Read more](#)
2 hours

Me, You and Baby Too - Penzance Family Hub (12, 19, and 26...

This is a Face-to-Face series of 3 sessions ru... [Read more](#)
2 hours

Arguing Better - Virtual - (30 Jan, 6 and 13Feb)

This is a virtual series of 3 sessions running ... [Read more](#)
2 hours

ADD YOUR DETAILS

First and last name *

First and last name

Email *

Email

Address *

Address

Phone number *

Add your phone number

Notes

Add any special requests



Parenting children aged 0 to 11

SELECT A SERVICE

Virtual - Understanding your child (ages 1 to 3)

This is a Virtual course delivered on Micros... [Read more](#)
2 hours

Understanding your child (ages 1 - 3) Bodmin Family Hub

This is a Face-to-Face course delivered over... [Read more](#)
2 hours

Understanding your child (ages 1 - 3) Troon Family Hub

This is a Face to Face course delivered over... [Read more](#)

Understanding your child (ages 1 to 3) The Park Family Hub

This is a Face to Face course delivered over... [Read more](#)

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



www.cornwall.gov.uk