

For Parents

Welcome to the Parents and Carers section of the Scomis Essentials Online Safety Service Newsletter (Extra Summer 2017 edition)

Our final edition of this academic year provides reminders, hints and advice for parents and carers to consider for the summer holidays.

Commonsense Media suggests:
Follow the inside/outside rule. Daytime is for outside play, adventure, exploring, and family interaction, so leave screens and devices back in the room.
Get off the phone. Consider establishing a few rules that your family can agree on, such as "No texting during outings," "Phones are only for taking pictures until 6 p.m.," "Apps only in the car," or "Daytime is family time, friends are for after dinner"?
Pack family games instead of video games. Kids love playing games such as Apples to Apples, Uno, or regular card games. Charades is another fun one to get the whole family involved, and it requires no equipment at all.
Read more at:
https://www.commonsensemedia.org/blog/8-tips-for-a-nearly-tech-free-vacation

Remember that putting phones and mobile devices into 'airplane mode' when abroad will save you money (avoiding high data costs)

The NSPCC recommends:
Starting a conversation early and often with your child about online safety

- Explore sites and apps together
- Know who your child is talking to online - children often don't see people as strangers, but as online friends. Make sure you know who they are friends with online, and explain that it's easy for people to lie about themselves
- Set some boundaries - including when and where they can go online, what websites they can visit and how they share images
- Make sure the content is age appropriate
- Use parental controls
- Check they know how to use privacy settings and reporting tools - check the privacy settings on accounts like Instagram, and remind children to keep any personal information safe and what to do if they see anything that upsets them

Don't forget the NSPCC's Online Safety helpline on 0808 800 5002
Watch the NSPCC's video (Advice from a 10yr old)
https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/
Consider using Child Safe Browsers and Search Sites!
Discover age appropriate Child Safe Browsers and Search Sites from Age 3+ to Age 13+ with reviews by parents and children:
https://www.commonsensemedia.org/website-reviews/kidzsearchcom

Did you know that you can access free resources providing information and advice for parents about Online Safety including:

- How to create a family agreement
- How to support young people online (available in 13 different languages)
- Top tips for parents of 3 to 11 year olds

Childnet has pulled together a list of resources which can be found at:
http://www.childnet.com/blog/free-internet-safety-resources-for-parents

Before your child creates their online account find out how to set up a 'safe profile' including advice on:

- How to create a Username
- How to create a Secure password
- Choosing a profile picture

Read the article in full at:
http://www.childnet.com/blog/key-things-to-remember-when-helping-your-child-set-up-a-new-profile

SnapMaps



The UKSafer Internet Centre has published advice and top tips on this new feature and **recommends that users do not share their location**, especially with people they don't know in person.
Find out more:
https://www.saferinternet.org.uk/blog/introducing-%E2%80%98snap-maps%E2%80%99-new-location-sharing-feature-snapchat

To read more and view BBC Newsround videos:
http://www.bbc.co.uk/news/technology-40509281

CEOP (The National Crime Agency's Child Exploitation and Online Protection command) has published guidance for parents:
https://www.thinkuknow.co.uk/Documents/Thinkuknow%20Parent%27s%20and%20carers%20%20guide%20to%20Snapchat.pdf