St Buryan Academy Primary School | Weekly Menus

	WEEK 1					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN MEAL	Homemade Cheese and Tomato Pizza Topped with Bacon, Potato Wedges, Sweetcorn & Baked Beans	Jacket Potatoes Toppings: Tuna Baked Beans Grated Cheese Side options: Mixed Salad Leaves & Carrot Sticks	Chicken in a Creamy White Sauce with Pasta Shells, Grated Cheese, Cucumber Sticks & Sweetcorn	Roast Beef with Roasted & Mashed Potatoes with Batton Carrots, Seasonal Greens, Yorkshire Pudding & Gravy	Baked Haddock Fillets or Fish Cakes with Mashed Potatoes or Chips, Baked Beans or Peas	
V	Homemade Cheese & Tomato Pizza	Cheesy Jacket	Cheesy White Sauce with Pasta Shells	Vegetable Lasagne	Pasta Bake	
DESSERT	Fresh Fruit and Yogurts are available as an alternative each day					
	Rice Pudding served with a dollop of Strawberry Jam	Apple Crumble & Custard	Apricot Flapjack & Custard	Chocolate Mousse	Vanilla Ice-cream	

	WEEK 2						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN MEAL	Butchers Beef Burger with Homemade Bread Roll, Potato Wedges, Sweetcorn & Baked Beans	Chicken Tagine with Boiled Rice, Grated Cheese, Mixed Lettuce Leaves & Cherry Tomatoes or Jacket Potatoes	Bolognaise with Rich Tomato Sauce & Pasta Shells, Grated Cheese, Cucumber Crowns & Sweetcorn	Roast Pork with Roasted & Mashed Potatoes with Carrots, Seasonal Greens, Apple Sauce & Gravy	Baked Haddock Fillets or Fish Cakes with Mashed Potatoes or Chips, Baked Beans or Peas		
V	Homemade Cheese & Tomato Pizza	Cheesy Jacket	Cheesy White Sauce with Pasta Shells	Vegetable Lasagne	Pasta Bake		
DESSERT	Fresh Fruit and Yogurts are available as an alternative each day						
	Melon Boats	Pineapple Upside- Down Pudding & Custard	Chocolate Steamed Pudding & Chocolate Sauce	Jelly & Peaches	Vanilla Ice-cream		

	WEEK 3						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN MEAL	Local Butcher's Sausages with Potato Wedges, Sweetcorn & Baked Beans	Chicken Enchiladas with Boiled Rice, Grated Cheese, Mixed Lettuce Leaves & Cherry Tomatoes or Jacket Potatoes	Meatballs in a Rich Tomato Sauce with Pasta Shells, Grated Cheese, Cucumber Crowns & Carrot Sticks	Roast Chicken with Roasted & Mashed Potatoes with Carrots, Seasonal Greens, Stuffing & Gravy	Baked Haddock Fillets or Fish Cakes with Mashed Potatoes or Chips, Baked Beans or Peas		
V	Quorn Sausages	Cheesy Jacket	Rich Tomato Sauce with Pasta Shells	Vegetable Lasagne	Pasta Bake		
DESS	Fresh Fruit and Yogurts are available as an alternative each day						
SSERT	Chelsea Type Sticky Bun	Syrup Steamed Pudding & Custard	Chocolate Orange Bread & Butter Pudding	Strawberry Mousse	Vanilla Ice-cream		

