

RELATIONSHIPS AND SEX EDUCATION POLICY

This policy is a Category B policy. It sets out our approach to Relationships and Sex Education across the schools in the Leading Edge Academies Partnership. It is a statutory policy which must be published on the school's website.

School-specific elements and Appendix 1 have been adapted to reflect the circumstances in St Buryan Academy

Last review date	February 2025
Date approved by the Chief Executive Officer (on behalf of Trust Board)	February 2025
Date for next review	February 2026

Approved by St Buryan Academy Local Academy Committee	
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Document Control

Document version numbering will follow the following format. Whole numbers for approved versions, eg 1.0, 2.0, 3.0 etc. Decimals will be used to represent the current working draft version, eg 1.1, 1.2, 1.3 etc. For example, when writing a procedural document for the first time the initial draft will be version 0.1.

The table below provides details of the changes made to this document, to inform those reviewing and approving the document.

Document Edition	Section	Details of Change	
0.1	All	New policy to meet best practice for Trusts	
1.0	All	Approved by the Trust Board 12/10/22	
1.1	All	Trust values updated from 6Es to 3	
1.2	All	 Annual review and update in line with The Key model policy Sep 22: Statutory requirements section updated Inclusivity, use of resources, use of external organisations and materials sections added 	
1.3	All	Reviewed in line with statutory guidance and Key model policy.	
2.0	All	Approved by Chief Executive Officer in line with Scheme of Delegation, February 2025.	

Introduction

The Leading Edge Academies Partnership (the 'Trust') is a group of six distinct and unique schools located in beautiful coastal and island settings in Cornwall and the Isles of Scilly. We are fortunate to include a mix of primary and secondary schools, as well as an all-through school with boarding provision and off island bases. This diversity makes for a dynamic and varied perspective.

We offer a values-based education to the communities we serve and welcome employees, pupils, parents/carers and volunteers from all different ethnic groups and backgrounds. The Trust achieves its vision and mission through co-construction, with everyone empowered to shape the future and contribute towards the Trust's success.

The term 'Trust Community' includes all employees, trustees, governors, pupils, parents/carers, volunteers and visitors.

We are a values-based Trust, which means all actions are guided by our three 'Es' as follows:

- Excellence 'Outstanding quality'
- Evolution 'Continuous change'
- Equity 'Fairness and social justice'

This policy is based on the values of 'Equity'

Related policies

The Relationships and Sex Education Policy should be read in conjunction with the following policies and documents:

- Safeguarding and Child Protection Policy
- Child on Child Abuse Policy
- Equality and Diversity Policy
- Special Educational Needs and Disabilities (SEND) Policy
- Curriculum
- Complaints Policy
- Behaviour Policy
- Keeping Children Safe in Education statutory guidance (KCSIE)

Aims

The aims of relationships and sex education (RSE) in our Trust are to:

- Provide a framework in which sensitive discussions can take place.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Help pupils develop feelings of self-respect, confidence and empathy.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Definitions

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and adults.

Relationships and sex education (RSE) is about the emotional, social and cultural development of pupils and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

RSE is not about the promotion of sexual activity.

Statutory requirements

Primary schools

In our **primary schools**, we must provide relationships education to all pupils as per section 34 of the <u>Children and Social Work Act 2017</u>.

We do not have to follow the National Curriculum but we are expected to offer all pupils a curriculum that is similar to the National Curriculum including requirements to teach science which would include the elements of sex education contained in the science curriculum at primary level.

Primary schools may determine whether they need to cover any additional content on sex education to meet the needs of their pupils. The Department for Education recommends that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils.

In teaching relationships and sex education, we are required by our funding agreements to have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act</u> <u>1996</u>.

We also have regard to legal duties set out in:

- Sections 406 and 407 of the Education Act 1996
- Part 6, chapter 1 of the Equality Act 2010
- The Public Sector Equality Duty (as set out in section 149 of the Equality Act 2010). This duty requires public bodies to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations between different people when carrying out their activities

As a Trust, we teach relationships and sex education as set out in this policy.

Secondary schools

In our **secondary schools**, we must provide relationships and sex education (RSE) to all pupils under section 34 of the <u>Children and Social Work Act 2017</u>.

In teaching RSE, we are required by our funding agreements to have regard to <u>guidance</u> issued by the secretary of state as outlined in section 403 of the <u>Education Act 1996</u>.

We also have regard to legal duties set out in:

- Sections 406 and 407 of the Education Act 1996
- Part 6, chapter 1 of the Equality Act 2010
- The Public Sector Equality Duty (as set out in section 149 of the Equality Act 2010). This duty requires public bodies to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations between different people when carrying out their activities

As a Trust, we teach RSE as set out in this policy.

Policy and curriculum development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

• Review – a working group of staff from the central trust education team pulled together all relevant information including relevant national and local guidance.

• Staff consultation – staff across all schools were given the opportunity to look at the policy and make recommendations.

• Parent/stakeholder consultation – parents and any interested parties were invited to comment on the policy at their respective schools.

• Pupil consultation – on an ongoing basis, we will work with our pupils to guide our RSE curriculum offer in order to address the needs of the school and what they want from their RSE (in-line with our Jigsaw resources)

- Senior leaders and classroom-based staff will engage with pupils about the RSE-linked issues they face in context.

- School parliament - considering where there are links to the RSE expectations and asking questions that might help identify gaps in our curriculum offer.

- Classroom-based staff will continually monitor engagement with and understanding of the RSE curriculum e.g. note the kinds of questions pupils ask and which topics they engage with throughout the year – how will this influence the curriculum offer?

• Ratification – once amendments were made, the policy was shared with local governors and the board of trustees for ratification.

Definition

RSE is about the emotional, social and cultural development of pupils and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. RSE involves a combination of sharing information and exploring issues and values. RSE is not about the promotion of sexual activity.

Curriculum

The relationship and sex education curriculum at St Buryan Academy is set out as per Appendix 1, which we may need to adapt as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, taking into account the age, needs and feelings of pupils, including any pupils with special educational needs (SEN) or disabilities. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner so they are fully informed and do not seek answers online.

Primary sex education is not compulsory in primary schools. However, we see this as an important part of relationships and health education and will teach it as part of a graduated, age-appropriate programme.

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings.
- How a baby is conceived and born.

We will share any curriculum resources and materials with parents and carers upon request.

Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum and other aspects are included in religious education.

At St Buryan School we deliver PSHE through a whole school PSHE scheme called Jigsaw. Jigsaw

combines PSHE, emotional literacy, mindfulness, social skills and spiritual development.

Jigsaw is designed as a whole school approach, with all year groups working on the same theme

(Puzzle) at the same time. This enables each Puzzle to start with an introductory assembly, generating

a whole school focus for adults and children alike.

Jigsaw aims to help children know and value who they really are and how they relate to other people in this ever-changing world.

There are six Puzzles (half-term units of work) each with six Pieces (lessons). Every year group studies the same Puzzle at the same time (sequentially ordered from September to July), allowing for whole school themes and the end of Puzzle product. Each year group is taught one lesson per week and all lessons are delivered in an age - and stage - appropriate way so that they meet children's needs.

The different puzzle pieces are:

- Being Me in My World
- Celebrating Difference
- Dreams and Goals

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- Healthy Me
- Relationships
- Changing Me
- LINK to Jigsaw Parent/ Carer Guide

An important part of the Jigsaw PSHE programme - RSE is delivered through the 'Relationships' and

'Changing Me' puzzle pieces which are covered in the summer term. Across our **primary schools**, relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

Primary sex education will focus on:

- Preparing boys and girls for the changes that adolescence brings.
- How a baby is conceived and born.

For more information about our RSE curriculum, see Appendices 1 and 2.

Across our **secondary schools**, relationship and sex education focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

For more information about our RSE curriculum, see Appendices 1 and 2.

These areas of learning are taught within the context of family life, taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

When teaching these subjects, the religious background of all pupils will be taken into account when planning teaching so that core topics are appropriately handled.

Across our Trust, we will also be mindful of the law and legal requirements, taking care not to condone or encourage illegal political activity, such as violent action against people, criminal damage to property, hate crime, terrorism or the illegal use of drugs.

Our schools will teach about these topics in a manner that:

- Considers how a diverse range of pupils will relate to them
- Is sensitive to all pupils' experiences
- During lessons, makes pupils feel:
 - Safe and supported
 - Able to engage with the key messages

Our schools will also make sure that pupils learn about these topics in an environment that is appropriate for them.

Parents' right to withdraw

Primary schools

Across our primary schools parents do not have the right to withdraw their children from relationships education as all schools must provide this by law.

However, parents do have the right to withdraw their children from the non-science components of sex education that primary schools may choose to deliver.

Requests for withdrawal should be put in writing using the form found in Appendix 3 of this policy and addressed to the Headteacher/Principal.

Alternative work will be given to pupils who are withdrawn from sex education.

Secondary schools

Across our secondary schools parents do not have the right to withdraw their children from the relationships element of relationships and sex education as all schools must provide this by law.

Parents do have the right to withdraw their children from some or all of the non-statutory/nonscience components of sex education within RSE up to and until three terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this. Requests for withdrawal should be put in writing using the form found in Appendix 3 of this policy and addressed to the Headteacher/Principal.

The Headteacher/Principal will discuss the request with parents and a copy of the withdrawal request will be placed in the pupil's educational record.

Headteachers will inform the CEO.

Alternative work will be given to pupils who are withdrawn from sex education.

Roles and responsibilities

The Board of Trustees

The Board of Trustees is responsible for approving the overarching Relationships and Sex Education Policy, with school level additions approved by the Local Academy Committee. The Trust Board has overall accountability for the implementation of the Policy across the Trust.

Chief Executive Officer (CEO)

The CEO will:

- Work with Headteachers/Principals to make sure they can implement the Policy in their school.
- Report to the Board of Trustees on any issues with its implementation across the Trust.

Local Academy Committees

Local Academy Committees will:

- Approve individual school elements of the policy
- Monitor its implementation within the school.

Headteacher/Principal

The Headteacher/Principal is responsible for:

- Implementing the policy within their school
- Ensuring that RSE is taught consistently across their school and for managing requests to withdraw pupils from the non-statutory/non-science components of RSE
- Ensuring staff have the necessary training to deliver RSE

Staff

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the nonstatutory/non-sciencecomponents of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the headteacher.

All class-teachers are responsible for teaching RSE at St Buryan Academy.

Pupils

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity.

Training

Staff are trained on the delivery of RSE as part of their induction and it is included in our continuing professional development calendar.

The headteacher may also invite visitors from outside the school, such as school nurses or sexual health professionals, to provide support and training to staff teaching RSE.

Teachers are aware that effective RSE brings an understanding of what is and what is not appropriate in relationships and can lead to a disclosure of a child protection issue. Therefore, all staff teaching RSE will be trained in how to deal with disclosure and will follow the Trust's Safeguarding and Child Protection Policy.

Use of external organisations and materials

Across our trust, we will make sure that any external organisations and any materials used are appropriate and in line with our legal duties around political impartiality.

We remain responsible for what is said to pupils. This includes making sure that any speakers, tools and resources used do not undermine the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

Our schools will:

- Make appropriate checks and engage with external agencies to make sure that their approach to teaching about RSE is balanced, and it and the resources they intend to use:
 - Are age-appropriate
 - Are in line with pupils' developmental stage
 - Comply with:
 - This policy
 - The Teachers' Standards
 - The Equality Act 2010
 - The Human Rights Act 1998
 - The Education Act 1996
- Only work with external agencies where they have full confidence in the agency, its approach and the resources it uses
- Make sure that any speakers and resources meet the intended outcome of the relevant part of the curriculum and ask to see in advance any materials that the agency may use
- Know the named individuals who will be there, and follow usual safeguarding and data protection procedures

Our schools **will not**, under any circumstances:

- Work with external agencies that take or promote extreme political positions
- Use materials produced by such agencies, even if the material itself is not extreme

Monitoring arrangements

The delivery of RSE in school is monitored by PSHE subject leaders through:

-Planning scrutiny

-Learning walks

-Pupil conferencing

-Work samples

Pupils' development in RSE is monitored by class teachers as part of our internal assessment systems.

This policy will be reviewed annually and approved by the Chief Executive Officer in line with the Scheme of Delegation, with school level elements approved by the Local Academy Committee.

The Board of Trustees will monitor the implementation of the policy across the Trust and this will also be monitored at school level by the Local Academy Committee.

Relationships and sex education curriculum map



Age Group	Relationships	Changing Me		
Ages 3-5	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations		
Ages 5-6	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships	Life cycles – animal and human Changes in me Changes since being a baby Differences in female and male bodies (correct terminology) Linking growing and learning Coping with change Transition		
Ages 6-7	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences in female and male bodies (correct terminology) Assertiveness Preparing for transition		
Ages 7-8	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Being aware of how my choices affect others Awareness of how other children have different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes Challenging my ideas Preparing for transition		
Ages 8-9	Jealousy Love and loss Memories of loved ones Getting on and Falling Out Girlfriends and boyfriends Showing appreciation to people and animals	Being unique Having a baby Girls and puberty Confidence in change Accepting change Preparing for transition Environmental change		
Ages 9-10	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online Online gaming and gambling Reducing screen time Dangers of online grooming SMART internet safety rules	Self- and body image Influence of online and media on body image Puberty for girls Puberty for boys Conception (including IVF) Growing responsibility Coping with change Preparing for transition		
Ages 10-11	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use	Self-Image Body image Puberty and feelings Conception to birth Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Secondary school transition		

ΤΟΡΙϹ	PUPILS SHOULD KNOW
Families and people who care about me	 That families are important for children growing up because they can give love, security and stability The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong How to recognise if family relationships are making them feel unhappy or unsafe and how to seek help or advice from others if needed
Caring friendships	 How important friendships are in making us feel happy and secure, and how people choose and make friends The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed
Respectful relationships	 The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs Practical steps they can take in a range of different contexts to improve or support respectful relationships The conventions of courtesy and manners The importance of self-respect and how this links to their own happiness That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority About different types of bullying (including cyberbullying), the impact of

ТОРІС	PUPILS SHOULD KNOW
	 bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help What a stereotype is and how stereotypes can be unfair, negative or destructive The importance of permission-seeking and giving in relationships with friends, peers and adults
Online relationships	 That people sometimes behave differently online, including by pretending to be someone they are not That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met How information and data is shared and used online
Being safe	 What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context) About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know How to recognise and report feelings of being unsafe or feeling bad about any adult How to ask for advice or help for themselves or others, and to keep trying until they are heard How to report concerns or abuse, and the vocabulary and confidence needed to do so Where to get advice eg family, school and/or other sources

ΤΟΡΙϹ	PUPILS SHOULD KNOW
Families	 That there are different types of committed, stable relationships How these relationships might contribute to human happiness and their importance for bringing up children What marriage is, including their legal status eg that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony Why marriage is an important relationship choice for many couples and why it must be freely entered into The characteristics and legal status of other types of long-term relationships The roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting How to: determine whether other children, adults or sources of information are trustworthy: judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed
Respectful relationships, including friendships	 The characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship Practical steps they can take in a range of different contexts to improve or support respectful relationships How stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (eg how they might normalise non-consensual behaviour or encourage prejudice) That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help That some types of behaviour within relationships are criminal, including violent behaviour and coercive control What constitutes sexual harassment and sexual violence and why these are always unacceptable The legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal
Online and media	 Their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online About online risks, including that any material someone provides to another

Appendix 2: By the end of secondary school pupils should know

ΤΟΡΙϹ	PUPILS SHOULD KNOW
	 has the potential to be shared online and the difficulty of removing potentially compromising material placed online Not to provide material to others that they would not want shared further and not to share personal material which is sent to them What to do and where to get support to report material or manage issues online The impact of viewing harmful content That specifically sexually explicit material eg pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners That sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail How information and data is generated, collected, shared and used online
Being safe	 The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online)
Intimate and sexual relationships, including sexual health	 How to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship That all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, eg physical, emotional, mental, sexual and reproductive health and wellbeing The facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others The facts about the full range of contraceptive choices, efficacy and options available The facts around pregnancy including miscarriage That there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help) How the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing

ΤΟΡΙϹ	PUPILS SHOULD KNOW
	 About the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment How the use of alcohol and drugs can lead to risky sexual behaviour How to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment

Appendix 3: Parent form: withdrawal from sex education within RSE

TO BE COMPLETED BY PARENTS			
Name of child:		Class:	
Name of parent:		Date:	
Reason for withdra	wing from sex education within relatio	nships and s	ex education
Any other informat	ion you would like the school to consic	ler	
Paront cignature			
Parent signature			

TO BE COMPLETED BY THE SCHOOL	
Agreed actions from discussion with parents	Include notes from discussions with parents and agreed actions taken. Eg: Joe Bloggs will be taking part in all relationships lessons and during the sex education lessons, he will be working independently on a project in the Year 5 classroom.