



St Buryan Academy School Meals Week commencing 17.09.18

Monday 17th	Tuesday 18th	Wednesday 19th	Thursday 20th	Friday 21st
<u>Option 1</u> Sausage and mash served with peas, carrots and gravy	<u>Option 1</u> Chicken curry served with rice, naan bread, sweet corn and salad sticks	<u>Option 1</u> Beef lasagne served with garlic bread, broccoli and crunchy carrots	<u>Option 1</u> Roast chicken served with roast potatoes, Yorkshire pudding, carrots and seasonal greens	<u>Option 1</u> Fish fingers served with chips, beans and peas
<u>Option 2</u> Vegetarian sausage and mash served with carrots, peas and gravy	<u>Option 2</u> Vegetable curry served with rice, naan bread, sweet corn and salad sticks	<u>Option 2</u> Vegetable lasagne served with garlic bread, broccoli and crunchy carrots	<u>Option 2</u> Quorn roast served with roast potatoes, Yorkshire pudding, carrots and seasonal greens	<u>Option 2</u> Vegetarian fingers served with chips, peas and beans
<u>Dessert</u> Fruit flapjack	<u>Dessert</u> Chocolate cake and custard	<u>Dessert</u> Banana mousse	<u>Dessert</u> Apple crumble and custard	<u>Dessert</u> Strawberry ice cream